

Spreading peace with music, meditation

Australian meditation, wellness teacher presents Sept. 29

Daily staff report
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Australian meditation and wellness teacher Shakti Durga presents Musical Meditation for World Peace & Love at The Charter at Beaver Creek on Friday, Sept. 29.

The free, hour-and-a-half event features live music, guided healing

meditation to support world peace, love, unity and greater personal peace and well-being.



SHAKTI DURGA

Formerly known as Kim Fraser, Durga is the mother of two and a successful lawyer for 16 years. As her marriage was breaking down, she took a five-week course that changed her life.

After an intense 12 years of spiritual awakening, she gave up law to devote herself to spiritual teaching and helping empower others. Since 2001, her

IF YOU GO ...

What: Musical Meditation for World Peace & Love with Australian meditation and wellness teacher Shakti Durga.

Where: The Charter, Beaver Creek.

When: Friday, Sept. 29, 6:30 to 8 p.m.

Cost: Free, donations appreciated.

More information: Visit www.shaktidurga.com.

goal has been to help others find inner peace and become more fulfilled.

Donations are appreciated.

For more information, visit www.shaktidurga.com.